



Classique Outaouais 2024

Finale régionale des jeux du Québec

Dimanche 28 janvier 2024



Centre sportif de Gatineau

850 Boulevard de la Gappe, Gatineau QC J8T 0B4

Sunday, January 28 2024				
Division	Gender	Year of birth	Belt	Weighing for all Friday January 26th 2024 Saturday January 27 2024
U8	M-F	2017 and after	White and + (ground randori)	19h00 à 20h00 14h00 à 15h00
U10	M - F	2015-2016	White and WY (ground randori) Yellow + (standing randori)	19h00 à 20h00 14h00 à 15h00
U12	M – F	2013-2014	Yellow +	19h00 à 20h00 14h00 à 15h00
U14	M – F	2011-2012	Yellow and Orange Green Blue brown	19h00 à 20h00 14h00 à 15h00
U16	M – F	2009-2010	Yellow and Orange Green Blue brown	19h00 à 20h00 14h00 à 15h00
U18	M -F	2007-2008	Yellow and Orange	19h00 à 20h00
		2007-2008	Green blue	14h00 à 15h00
U21/Senior	M - F	2006 and before	Yellow and Orange	19h00 à 20h00 14h00 à 15h00

**Exact weight is required in advance for U8, U10, U12, for planning fight pools. Weighing is still compulsory.*

Weighing for all on January 26th and 27th 2024 at 361 Boulevard de Lucerne, Gatineau QC J9A

Eligibility: Members of Judo Québec or Judo Ontario and affiliated to an Outaouais region or an Eastern Ontario region judo club.

Registration and costs: Online registration (www.judooutaouais.ca).
Information: Organizing committee Email (czj.outaouais@gmail.com)
20\$ per athlete U12 and below prior to January 21 2024
25\$ per athlete U14 and above prior to January 21 2024
5\$ more per athlete from January 22nd to January 24th

CANCELTATION: An administration fee of 10\$ will be applied for cancellation from January 18 to 21. Starting Monday January 22 ending January 25th the refund will only be available with an *Email and a medical note*. No refund available after the 25th.

COACHES: Please send your cell phone number by email to czj.outaouais@gmail.com to facilitate the management of registrations and fight pools.

MANDATORY : Proof of ID and ID, with picture for U18 and above.

RULES : I.J.F. rules and Judo Québec general tournament rules.

FORMULE : **U8** no shiai. Ground Randori, continuous running time, no score or winner all participants receive the same award.
U10 white : No shiai. Ground Randori, continuous running time, no score or winner, all participants receive the same award.
U10 yellow and orange: by pool (priority 3 to 4 participants). Boys and girls are separated but could be grouped with parent permission or in the absence of parent, the coach with a parent consent form can authorize the grouping to maximize athlete participation (see document to fill). Standing randori, , continuous running time, no score or winner, all participants receive the same award.
U12 by pool (priority 3 to 4 participants). Note U12 tournaments are no longer mixed, genders are necessarily separated.
U12 are grouped together first by weight then by belt in the following manner.
Yellow belts fight yellow belts, yellow-orange or orange.
Orange belts can fight yellow belts and above.
Une ceinture jaune ne pourra pas combattre une ceinture orange-verte ou plus.
U14 and above modified double elimination (pool if the number of athletes is not sufficient for modified double elimination).
U21/Senior by pool (priority 3 to 4 participants) with closest weight (with a maximum ratio of 15% difference).

START TIME: Sunday January 28 2024: U8, U10, U12 start at 9h30
U14, U16, U18, U21/senior, not before 10h30

FIGHT DURATION: U8: 2 minutes continuous time
U10 : 2 minutes continuous time
U12 : 2 minutes
U14, U16 : 3 minutes
U18, U21/Senior 4 minutes

JUDOGIS : White judogi required for all. Blue or reversible white/blue permitted when called in second.

AWARDS : Medals, as per Judo Québec tournament rules.

TOURNAMENT DIRECTOR : Paul Dubois dubpaul@gmail.com
CHIEF REFEREE : Jessica Larouche-Hovington jess-judo@hotmail.com

For the smooth running of the tournament and in the interest of the participants, the tournament director may do groupings or modifications on site.