

Classique Outaouais December 2025 Finale régionale des jeux du Québec **Sunday December 14th 2025**



Centre sportif de Gatineau

850 Boulevard de la Gappe, Gatineau QC J8T 0B4

| Sunday December 14 2025 | | | | |
|-------------------------|--------|-----------------|---|--|
| Division | Gender | Year of birth | Belt | Weighing for all Saturday December 13 th 2025 |
| U10 | M-F | 2017-2018 | Yellow + (standing randori) | 12h00 à 15h00 |
| U12 | M-F | 2015-2016 | Yellow + | 12h00 à 15h00 |
| U14 | M-F | 2013-2014 | Yellow and Orange Green Blue brown | 12h00 à 15h00 |
| U16 | M-F | 2011-2012 | Yellow and Orange Green Blue brown** | 12h00 à 15h00 |
| U18 | M-F | 2009-2010 | Yellow and Orange Green Blue brown** | 12h00 à 15h00 |
| U21/Senior | M-F | 2008 and before | Yellow and Orange Green Blue brown** | 12h00 à 15h00 |

^{*}Exact weight is required in advance for U10, U12, for planning fight pools. Weighing is still compulsory.

Weighing for all on December 13th 2025 at 361 Boulevard de Lucerne, Gatineau QC

Eligibility: Members of Judo Québec or Judo Ontario and affiliated to an Outaouais, Abitibi Témiscaminque, Eastern or North Ontario region judo club.

Registration and costs: Online registration (www.judooutaouais.ca).

Information: Organizing committee Email (czi.outaouais@gmail.com)

25\$ per athlete U12 and below prior to 23:00 on December 8th 2025 30\$ per athlete U14 and above prior to 23:00 on December 8th 2025

No registration after 23:00 December 8th 2025

An administration fee of 10\$ will be applied for cancellation prior to 23h00 December 8th, after that time until Thursday December 11th the refund will only be available with an *Email and a* CANCELATION:

medical note. No refund available after the 11th.

Please send your cell phone number by email to czi.outaouais@gmail.com to facilitate the **COACHES:**

management of registrations and fight pools.

Proof of ID and ID, with picture for U18 and above. **MANDATORY:**

RULES: I.J.F. rules and Judo Québec general tournament rules.

Version: 11 aout 2025

^{**} Brown belts U16 and older cannot participate if they competed at the Canadian championship in the last two years.

FORMULE: U10 yellow and orange: by pool (priority 3 to 4 participants). Boys and girls are separated but could

be grouped with parent permission or in the absence of parent, the coach with a parent consent form can authorize the grouping to maximize athlete participation (see document to fill). Standing randori,

continuous running time, no score or winner, all participants receive the same award.

U12 by pool (priority 3 to 4 participants). Note U12 tournaments are no longer mixed, genders are

necessarily separated.

U12 are grouped together first by weight then by belt in the following manner.

Yellow belts fight yellow belts, yellow-orange or orange.

Orange belts can fight yellow belts and above.

U14 and above modified double elimination (pool if the number of athletes is not sufficient for

modified double elimination).

U21/Senior by pool (priority 3 to 4 participants) with closest weight (with a maximum ratio of 15%

difference).

START TIME: Sunday December 14th 2024: U10, U12 start at 9h00

U14, U16 not before 10h30

U18, U21/senior not before 12h30

FIGHT DURATION: U10: 2 minutes continuous time

U12 : 2 minutes U14, U16 : 3 minutes U18, U21/Senior 4 minutes

JUDOGIS: White judggi required for all. Blue or reversible white/blue permitted when called in second.

AWARDS: Medals, as per Judo Québec tournament rules.

TOURNAMENT DIRECTOR: Paul Dubois dubpaul@gmail.com **CHIEF REFEREE**: Jessica Larouche-Hovington jess-judo@hotmail.com

For the smooth running of the tournament and in the interest of the participants, the tournament director may do groupings or modifications on site.